

Homeopathic Healthcare
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The Treatment of Warts

Warts — pesky excrescences begging for removal — are not the superficial annoyance they seem. Known to be caused by a virus, they in effect are a manifestation of an internal disorder and to be truly eradicated require internal treatment, preferably homeopathic. When correctly applied, homeopathic medicine can painlessly and efficiently expel warts and prevent their subsequent recurrence. Most often, proper treatment of warts requires constitutional treatment, taking into account all aspects of the individual. However, not infrequently, the treatment of warts is largely based upon the particular characteristics of the warts themselves, as reflected below.

Dosage: One can either take a low potency, such as 6C, once or twice a day until the warts disappear, or a higher potency, such as 30C, once a week. As long as no new symptoms arise, continue the remedy for at least one month to determine if the warts are responding, less if the warts resolve before then. If the warts begin to respond but are not completely eliminated, the remedy may be continued as long as necessary to effect cure.

Homeopathic Remedies

There are many remedies for warts. Following are some of the more common ones.

Causticum: Large warts, often multiple in number. The type varies. Often they begin as fleshy warts and change into hard, rough warts; they may bleed. The location is especially noteworthy, often occurring on the tips of the fingers, especially about the nails; also about the eyes or the tip of the nose.

Nitricum acidum: These warts tend to be jagged, itchy and often moist. They may become quite large and may be sensitive and painful, with fine stitching pains. Soft, cauliflower-like warts are seen too. They may have a yellowish discoloration. They are apt to bleed easily. Major locations are the face, genitalia, and anus; also hands.

Thuja: This is the most frequently prescribed remedy for warts. They may be of most any appearance — large, broad, conical, indented, soft, red. The face, nose, lips, and genitals are prime locations; also hand and plantar warts (other remedies as well).

Antimonium crudum: These warts are characteristically quite hard, at times like bits of horn. Plantar warts, which may be associated with thick corns and callouses on the feet.

Dulcamara: Most typical of this remedy are smooth, flat warts (other remedies may present this way as well) of the face, hands, fingers.

Natrum muriaticum: Tender warts on the palms.

Sepia: Hard, itchy, often brownish warts.

These are but a few of the many homeopathic wart remedies; nonetheless, one of them may be your “magic bullet.”

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